

Caws, Jane M. C. Clarke, Lilian M. Cleal, Sarah Coates, Annie Coburn, Ada Colbeck, Phoebe Coldwell, Bessie L. Cole, Katherine Cole, Fanny Collinge, Mary Collins, Martha E. Davies, Olwen Davies, Jessie B. Davis, Priscilla Davis, Mary E. Davison, Elizabeth Dawson, Margaret F. Delany, Pauline du M. Dockeray, Ethel A. Dove, Jeanie S. G. Drummond, Fanny Dunstall, Constance A. Earp, Emily F. Edmonds, Mary A. Edwards, Blanche E. Elgar, Ellen Ellison, Catherine Evans, Annie Everall, Eleanor R. Everest, Mary S. O. Farquharson, Mary A. Farrer, Helen M. Firman, Anne Flanagan, Jane Forbes, Minnie A. Fowler, Louisa Fox, Gertrude Franks, Magna A. Freytag, Susan H. Frith, Edith Gaisford, Florence E. Gallop, Mary A. E. Glover, Constance A. Graham, Ada M. Grant, Elizabeth Greenaway, Mary P. V. Gregg, Mary H. Griebisch, Florence B. Griffiths, Margaret E. Griffiths, Mary H. W. Griffiths, Ellen A. Hadley, Daisy M. Haider, Jane Hair, Lucy E. Hall, Lilian Hardinge, Edith M. Harris, Alice L. Harrison, Lucy E. Harrison, Margaret Hart, Adeline Haynes, Eliza A. Hayward, Sarah Hayward, Florence E. Healey, Martha L. Hearn, Jemima Henderson, Helen Hickman, Eliza Hiscock, Amelia G. J. Hitching, Margaret E. Hocking, Ann J. Hoyle, Dorothy H. P. Humphery, Louisa F. Humphryes, Hannah M. F. Hunter, Margaret Hunter, Eveleen E. M. Hutchinson, Caroline Jackson, Jessie R. Jaggars, Mary E. Johnson, Margaret M. Johnston, Williamina S. Johnstone, Lucy E. Jolley, Jessie A. Kay, Margaret Kennedy, Ellen B. W. Kiddell, Emily F. King, Eliza J. Kirkland, Kate B. Kitching, Olive E. Lancaster, Polly Lang, Mary A. Larney, Rachel H. Lewis, Amelia M. London, Jessie E. W. Lovegrove, Cecilia M. Lowrey, Edith Luff, Elizabeth Macartney, Lydia F. McAuley, Margaret A. McDougall, Esther McFarland, Jane M. Macleay, Mary R. Macmahon, Henrietta Mallet, Ellen M. Martin, Fanny E. Mason, Maud F. Maunsell, Catherine A. Miller, Florence M. Miller, Constance N. Mills, Eliza A. Mitchell, Ethel N. C. Morris, Mary Morrison, Grace E. Moss, Sophia L. Mumby, Ada Mundell, Florence M. Neal, Emily L. Newton, Mary A. E. Nye, Beatrice E. Olphert, Emma Orde, Ella G. Pakes, Annie E. Parker, Bertha Parry, Catherine M. Parry, Edith Parsons, Theodora Parsons, Ada M. Paul, Clara E. Payne, Mary E. Payne, Amy Peake, Flora B. Pearn, Sarah C. Perigal, Emma Perry, Annie M. Phillips, Ida Pike, Annie M. M. Potter, Florence W. Pritchard, Jane Pughe, Madeleine L. C. Pullen, Minnie Quest, Françoise E. van Rees, Jessie E. Rhind, Beatrice Rickard, Josephine L. Robb, Grace E. Roberts, Louisa Roberts, Susan K. Roberts, May W. Rosling, Ada M. Rumsey, Alice M. Salmon, Edith M. Salter, Ada J. Sayers, Margaret Scott, Alice J. Siddens, Mary Simpson, Susan E. Sinfield, Eliza R. Smith, Kate Smith, Elizabeth A. Southgate, Gertrude E. Stevenson, Jane M. Stewart, Ada Stott, Flora L. Sundius-Sundius, Katharine J. Sutherland, Maria Talbott, Julia E. Tannenbaum, Agnes Taylor, Helen G. Taylor, Alice M. Teague, Mabel Thomas, Gertrude M. Thompson, Mary A. Thompson, Alice M. Thornton, Mary D. Thorp, Ada M. Tindall, Agnes M. Traill, Ella Tuddenham, Jane Tweedie, Maria Utteridge, Helena D. Wallis, Mary A. Wallis, Mabel A. Ward, Theodora M. W. Weaver, Florence J. Webber, Edith M. Wenmoth, Fanny I. White, May B. White, Ellen Wigney, Emily I. Williams, Agnes Wilson, Ella Wilson, Emily Wolfe, Blanche M. Young, Lily H. Young. The percentage of failures were 22.9.

Practical Points.

The Ubiquitous House-Fly.

At this time of year the good housewife looks to the use of wire covers—all meat, cooked or uncooked, should be carefully kept under wire, so as to protect it from the ubiquitous house-fly. People often wonder how infectious diseases are carried and how intestinal troubles arise in hot weather. The milk is pure, the water boiled, the baby clean, and floor scrubbed, and yet disease, sickness, diarrhoea a common occurrence. Bacteriology has taught us how many thousands and millions of bacteria can exist in a few drops of liquid. We invariably find a swarm of flies settled on filth; they straightway carry the infected matter into clean food—milk, water, or wherever they may alight. The danger of the common house-fly is hardly recognised. Flies enjoy tainted meat, and such poisons are no doubt carried and transmitted to any form of food with which they come in contact. Many forms of vegetable parasites are harmless, but it is better not to tempt fate, so that the advice to use fly netting may seem as a valuable hygienic measure, and perhaps as a valuable prophylactic agent when summer comes and diseases develop.

Air, Water, and Salt.

It is not generally known, or if known, wilfully ignored, writes Edith M. Rice in the *Trained Nurse*, that these triune gifts of God are man's most invaluable remedies, the use of which, perhaps because of their very familiarity, are but little appreciated. Not only do we find this lack of appreciation among the very poor, but among those from whom we expect better things.

It is often with a sigh that we leave these so-called homes and wonder when or how humanity will recognise these gifts of healing which lie so near, waiting for an invitation to strengthen, help, and bless the occupants.

We would not depreciate the value of *Materia Medica* intelligently administered, but we would seek to instil into the minds of everyone the true value of these three great medicinal agents, given us gratuitously by a wise Creator.

Shall we review briefly their therapeutic value?

Impure air is as potent an agent of death and disease as is pure air of life and health.

Each breath thrown from the lungs contains impurities sufficient to render two cubic feet or one half-barrel of air unfit for use again.

Think how quickly a room will become contaminated, in ordinary respiration, while the lungs are functioning normally, and yet we have found repeatedly tubercular patients with other members of the family in a small room, with no ventilation. Breathing deeply will accomplish wonders, chests can be expanded and strengthened, lungs developed so that disease germs can find no resting-place, thereby purifying the whole system. The exhilarating effects of an exercise of this kind is delightful, yet how many are denying themselves. If, because of ignorance are we not largely responsible. As we walk through the streets of our large cities, is it not appalling to see the sunken chests, the careless walk, the dis-

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